DYSFLUENCY AWARENESS DAY

THURSDAY 22nd OCTOBER 2020

What is dysfluency?

- Dysfluency is the atypical disruption or interruption to the ongoing flow of speech.
- It can also be called stammering and stuttering.
- Dysfluency can make speech effortful or tense for the speaker.
- They may feel embarrassed or anxious about speaking.

Top tips:

- Slow down your own rate of talking to give plenty of time
- Use pauses to give the person time to process what you're saying and to think of a response
- Focus on WHAT they are saying NOT how they are saying it
- Reduce distractions/ interruptions
- Use comments instead of questions

Training available:

Understand specific SLCN and how to help

Self-study pre-recorded session

Booking can be made via NYES:

https://

www.nyeducationservices.co.uk/ sites/default/files/imce/NYES% 20Autumn%20Digital% 20Training%20Guide%203.pdf





Useful links:

- https://www.westutter.org/ what-is-stuttering/
- https://www.stamma.org/
 (British Stammering Association)
- https:// www.actionforstammeringc hildren.org/
- Watch the following video clips (can be found on YouTube).
 These aim to raise knowledge and awareness.

'Wait! I'm not finished yet' by the Michael Palin Centre

My Stammering Tap by My Pockets Ltd